



Recommended Books Children & Parents Experiencing Serious Illness or Loss

A Parents Guide to Raising Grieving Children: by Phyllis Silverman (Ages 19+)

Badger's Parting Gifts by Susan Varley

Calling The Wind by Trudy Ludwig and Kathryn Notoshi. A book about the wind telephone and how one family uses it in their grief. This book is a great example of a cultural representation in children's grief literature.

Chester Raccoon and the Acorn Full of Memories by Audrey Penn (Accident, share stories & appreciate memories)

Death of a Cupcake by Susan Nicholas (Life, loss and grief from a child's perspective)

Children Also Grieve by Linda Goldman (Age 9-12yrs)

Grandad's Island by Benji Davies (Loss of grandad)

Ida, Always by Caron Levis and Charles Santosos (Sickness and loss)

I'll Always Love You by Hans Wilhelm (Loss of a pet)

I Miss You by Pat Thomas (Understanding death and feeling of loss) (Ages 4-8yrs)

It's OK that You're Not Ok: by Megan Devine (Ages 19+)

****Jasper's Day** by Marjorie Blain Parker. Pet loss, Jasper the family pet's last days and death.

****Lifetimes: A Beautiful Way to Explain Death to Children** by Bryan Mellonie (Ages 4-8yrs)

Muddles, Puddles and Sunshine: Your Activity Book to Help When Someone Has Died by Winston's Wish

One Wave at a Time by Holly Thompson (Emotions and healing)

Samantha Jone's Missing Smile by Julie Kaplow and Donna Pincus (Coping with the loss of a parent)

Straight Talk about Death for Teenagers: How to Cope with Losing Someone You Love by Earl A Grollman (Ages 13-18yrs)

Tear Soup: A Recipe for Healing After Loss by Pat Schweibert and Chuck DeKlyen (Ages 9-12)

The Fall of Freddie the Leaf: A Story for All Ages by Leo Buscaglia (Ages 9-12 ++)

The Heart and the Bottle by Oliver Jeffers (Girl struggles with death of her Father)



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The Last Invisible Boy by Evan Kuhlman (Ages 13-18yrs)

The Invisible String by Patrice Karst (Difficult Emotions)

The Memory Box by Joanna Rowland (Child processing death by creating a box of mementos)

The Scar by Charlotte Moundlic (Loss of mother)

The Secret C: Straight Talking about Cancer by Julie A. Stokes (Ages 7-10 yrs & 13-18yrs)

****What Does Grief Feel Like?** by Dr Korie Leigh. Also includes "A Guide for Caring Adults"

****When Dinosaurs Die: A Guide to Understanding Death by Laurie Brown and Marc Brown** (Topics like what is dead/alive, feelings, how to say goodbye & remembrance) (Ages 4-8yrs)

When A Parent is Sick: Helping Parents Explain Serious Illness to Children by Joan Hamilton (Ages 19+yrs)

When Someone Has a Very Serious Illness: Children Can Learn to Cope with Loss and Change by Marge Heegaard

Wherever You Are My Love Will Find You by Nancy Tillman

**** All About Intensive Care Unit** - Alexandria Friesen, Morgan Livinstone

As Big as It Get's - Winston's Wish (link above)

Lifetimes: A Beautiful Way to Explain Death to Children by Bryan Mellonie

Finding Your Own Way To Grieve by Karla Helbert - Activity Workbook for Kids and Teens on Autism spectrum

I Have A Question About Death by Arlen Grad Gaines (Including children with Autism Spectrum Disorder)